



Important notice to Mies population

Message specially for

- **Persons aged 65 (and more)**
- **Persons considered « at risk »**
- **Persons in quarantine**

Dear Sir/Madam,

The spread of the coronavirus – COVID19 is accelerating in Switzerland. In this situation, the Conseil fédéral and the Conseil d'Etat are taking drastic measures regarding the epidemic laws on the whole country and **they have strengthened the measures to protect the population.**

On its part, the Municipality has deployed its plan of administration continuity, as to best preserve the health of its employees while still ensuring the necessary services required for the population. This latter implies the closing of certain locations and public access restrictions.

The situation is taken very seriously. Much concerned about your health, the Municipality reminds you that **people who are 65 or more are considered at risk. Therefore, whether you are over 65, considered « at risk » or momentarily quarantined, we highly recommend you to stay home and avoid any kind of gathering, especially when buying your groceries when the shops are crowded. Consequently, the following measures have been set up in Mies:**

If you are confined, quarantined or in need of logistic assistance

- **to have medicines home delivered :**
you can phone the **Mies Pharmacy for home delivery**
Phone. 022 779 16 00
- **to have basic foodstuffs and/or household products home delivered, as well as walk your dog and possibly dispose your recyclable waste at the Déchèterie :** a mutual aid service has been set up in collaboration with the association The Meal Mies (**details below**)
Phone. 079 830 20 61
- **for any other help :** please contact the **Municipal Administration** by email: admin@mies.ch or phone **022 950 92 40**

If you are sick, have difficulty breathing, cough or have a fever, phone your doctor or a health center. Describe your symptoms and rigorously follow the recommendations given to you.

Telephone numbers of the various hotlines available and reference websites :

- **Health emergency (Ambulance) : 112**
- **Doctors' telephone center : 0848 133 133**
- **Hotline and Coronavirus Information : SANTE 0800 316 800** (everday from 8am to 6pm)
- **Office fédéral de la santé publique : www.bag.ch**
- **Etat de Vaud : www.vd.ch**
- **Site Hygiène, prévention et contrôle d'infection : www.hpci.ch**
- **Unisanté : www.unisante.ch**



Commune de Mies

Support Service

For our seniors (from age 65) and people at risk, as well as people in quarantine.

Home delivered groceries

(basic foodstuffs and household products, local and seasonal products as much as possible)



Contact us: **079 830 20 61**

Order before 10am

For a delivery on the same day before 6pm

To volunteer and help, please call the same number

079 830 20 61